

WAIVER, INDEMNIFICATION & RELEASE OF LIABILITY

6265 Sepulveda Blvd #7 Van Nuys California 91411

IN CONSIDERATION OF BEING ALLOWED TO PARTICIPATE IN ANY WAY IN BOXING FITNESS CLASSES, BOXING LESSONS, PRIVATE SESSIONS, AND RELATED CLUBS, EVENTS, AND ACTIVITIES. THE UNDERSIGNED, FOR HIMSELF /HERSELF, HIS/HER PERSONAL REPRESENTATIVE, HEIRS, NEXT

OF KIN.

1. ACKNOWLEDGES AND FULLY UNDERSTANDS THAT EACH PARTICIPANT WILL BE ENGAGING IN

ACTIVITIES THAT INVOLVE RISK OF INJURY WHICH MIGHT RESULT NOT ONLY FROM HIS/HER ACTION, INACTION, OR NEGLIGENCE, BUT ALSO THE ACTION, INACTION, OR NEGLIGENCE OF

OTHERS, THE RULES OF PLAY OR THE CONDITION ON THE PREMISES OR OF ANY EQUIPMENT

USED. FURTHER, THAT THERE MAY BE OTHER RISKS NOT KNOWN TO US OR NOT REASONABLY FORESEEABLE AT THIS TIME.

2. ASSUMES ALL THE FORGOING RISKS AND ACCEPTS PERSONAL RESPONSIBILITY FOR ANY AND ALL LOSS, LIABILITY, DAMAGES, OR COST FOLLOWING SUCH INJURY.

3. RELEASES, WAIVES, DISCHARGES, AND COVENANTS NOT TO SUE FLASH BOXING GYM, ITS AFFILIATED CLUBS/BUSINESSES, THEIR RESPECTIVE ADMINISTRATORS, DIRECTORS, AGENTS, COACHES, TRAINERS, AND OTHER EMPLOYEES OR AGENTS OF THE ORGANIZATION. OTHER PARTICIPANTS, SPONSORING AGENCIES, SPONSORS, ADVERTISERS, AND IF APPLICABLE,

OWNERS AND LESSORS OF PREMISES, ALL OF WHICH ARE HEREINAFTER REFERRED TO AS "RELEASEES" FROM ANY AND ALL CLAIMS, LIABILITY, DEMANDS, LOSSES OR DAMAGES ON

ACCOUNT OF INJURY, CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR PART BY THE NEGLIGENCE OF THE RELEASEE OR OTHERWISE.

THE UNDERSIGNED HAS READ THE ABOVE WAIVER, INDEMNIFICATION AND RELEASE, UNDERSTANDS THAT HE/SHE HAS GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT

PRINTED NAME OF PARTICIPANT

DATE: PARTICIPANT:

Signature

MINOR RELEASE

AND I, THE MINOR'S PARENT AND/OR LEGAL GUARDIAN, UNDERSTAND THE NATURE OF BOXING AND THE MINOR'S EXPERIENCE AND CAPABILITIES AND BELIEVE THE MINOR TO BE QUALIFIED, IN GOOD HEALTH, AND IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN SUCH ACTIVITY. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT ALLEGED TO BE CAUSED OR IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE: AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I THE MINOR, OR ANYONE ON THE MINORS BEHALF, MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMES ABOVE, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS, LIABILITY, DAMAGE OR COST WHICH ANY MAY INCUR AS A RESULT OF SUCH CLAIM.

DATE:

PRINTED NAME OF PARENT/GUARDIAN

PARENT/GARDIAN SIGNATURE (ONLY IF PARTICIPANT IS UNDER THE AGE OF 18)

Sincerely,
Flash Boxing Gym